



Social Security Scotland
Tèarainteachd Shòisealta Alba

Get extra help to balance your budget

If you get Universal Credit,
tax credits or other qualifying
benefits you could be entitled
to five family payments.



mygov.scot/fivefamilypayments

Scottish Child Payment

A payment of £100 every 4 weeks for each eligible child under the age of 16.

Best Start Grant Pregnancy and Baby Payment

A £642.35 payment for a first child and £321.20 for other children. You can apply from the end of the 24th week of pregnancy until your baby is 6 months old.

Best Start Grant Early Learning Payment

A £267.65 payment when a child is between the ages of 2 and 3.5 years. You can still get the payment if your child is not taking up a place at nursery.

Best Start Grant School Age Payment

A £267.65 payment when a child is first old enough to start school. You don't need to take up a place at school to get the payment.

Best Start Foods

Money every 4 weeks on a pre-paid card from pregnancy until your child is 3 years old.

If you get Scottish Child Payment, we will also check if you can get Best Start Grant Early Learning Payment and School Age Payment and pay you automatically.

**Check if you are eligible for our five family payments.
Apply online, by phone or in person.**

 mygov.scot/fivefamilypayments  0800 182 2222.



The Scottish Government's new cost of living website provides information and support for families
gov.scot/costoflivingsupport

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